

Healthcare Communication Project, Inc.

P.O. Box 661 • Stone Ridge, NY 12484 • Phone: 845-691-8023 • Fax: 845-687-2328 • www.healthcp.org

Helping Patients and Professionals Communicate ♦ To Make the Most of Their Healthcare Services

Patient Education Webinars For Patients, Their Families, and Patient Advocates

Getting the Most Out of Doctor Visits

Doctors have less and less time to spend with patients during office visits. As a result, patients often don't get all their concerns addressed in one visit. This program will cover solutions to the problem of reduced time. Topics covered will include:

- Why visits have become shorter,
- How doctors make the most out of short visits,
- How that can affect patients and what they can do about it,
- What to ask while with the doctor, and
- How to make sure you understand what the doctor said.

Monday, December 6, 2010 (3pm – 4pm)

Register online at:

<http://www.nycharities.org/events/EventLevels.aspx?ETID=2819>

Finding, Understanding, and Discussing Medical Information

Making decisions about our health care is made easier by the great amount of information that can be found on the web. Or is it? Finding wrong information is as easy as finding right information. When right information is found, it is not always easy to understand. When it is right and correctly understood, information may not apply to us. This program will help patients in their quest to make decisions by covering topics that include:

- Which medical info sites are trustworthy,
- How to tell if other websites are reliable,
- How to find prescription drug info,
- How to translate 'Medspeak,'
- About particular tests and treatments, and
- How to talk to doctors about found info.

Monday, December 13, 2010 (2pm – 3pm)

Register online at:

<http://www.nycharities.org/events/EventLevels.aspx?ETID=2821>

Managing Medications

Whether patients take one or many medications, it is essential that they take charge of their medications – from understanding why they choose one drug over another, to keeping track of how well they are working. Topics covered in this program include:

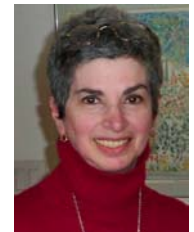
- What taking charge of meds mean,
- What factors influence doctors' and patients' choice of meds,
- How to consider the safety and effectiveness of meds,
- How to talk to doctors about meds, and
- How to keep track of meds.

Thursday, December 16, 2010 • 2pm – 3pm

Register at:

<http://www.nycharities.org/events/EventLevels.aspx?ETID=2822>

PROGRAM PRESENTER, Judith Greenfield, PhD, RN



Since the founding of the Healthcare Communication Project in December of 2000, Judith Greenfield has been writing and editing the *Healthcare Communication Review*. During this time she has also been developing and presenting educational programs for both the lay and professional communities. For this work, she draws on her past experience as a bedside nurse, a health educator, Executive Director of the Hospice Association of Ulster County, and a teacher of biomedical ethics at both SUNY New Paltz and the New School University's Graduate School of Management. Perhaps more importantly, she draws on her own experience as a patient and a patient advocate.

The fee for each webinar is \$8/person.

To learn more about the Healthcare Communication Project, visit www.healthcp.org.